

WEEK 1 MENU

W/C 11/09 02/10 23/10



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken & Pasta Bake	Cheese & Tomato Pizza	Roast Chicken	Beefburger in a Bun, Salad	Oven Baked Fish Fingers
Main 2	Roasted Vegetable Pasta Bake	Falafel Meatball Wrap	Roasted Quorn Fillet Gravy	Macaroni Cheese with	Quorn Hot Dog
Carbohydrates	Half Jacket Potato	Garlic & Onion Focaccia Bread	Roasted Potatoes	Dirty Wedges	Oven Baked Chips
Vegetables	Sweetcorn or Green Beans	Mixed Green Salad	Carrots & Garden Peas	BBQ Beans	Garden Peas Baked Beans
Desserts	Chocolate Custard Pot Selection of Yoghurts, Fruit,	Raspberry Jelly Selection of Yoghurts, Fruit,	Jam and Coconut Sponge Selection of Yoghurts, Fruit,	Chocolate and Beetroot Brownie Selection of Yoghurts, Fruit,	Arctic Roll, Roasted Apple Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

W/C 28/08 18/09 09/10



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Meatball Bake	Chicken Kebab Wrap	Roast Chicken	Wholemeal Cheese & Tomato Pizza	Oven Baked Fish Finger
Main 2	Quorn Sausage & Gravy	Chickpea and Squash Tagine	Mushroom & Spinach Enchiladas	Leek and Tomato Tart	Chick Pea, Sweetcorn and Coriander Burger
Carbohydrates	Mashed Potato	Rainbow Cous Cous	Roasted Potatoes	Garlic & Thyme Wedges	Oven Baked Chips
Vegetables	Sweetcorn and Peas	Moroccan Slaw	Broccoli and Carrots	Mixed Green Salad Sweetcorn	Garden Peas Baked Beans
Desserts	Orange Yoghurt Fool Selection of Yoghurts, Fruit,	Vanilla Cookie Selection of Yoghurts, Fruit,	Eves Pudding Apple Sponge Selection of Yoghurts, Fruit,	Oaty Raspberry Flapjack Selection of Yoghurts, Fruit,	Bananas & Custard Selection of Yoghurts, Fruit,

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Vegetarian



Vegan



Organic

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WEEK 3 MENU

W/C 04/09 25/09 16/10



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Butter Chicken Curry	Loaded Chilli Dog	Roast Chicken	Baked BBQ Chicken	Oven Baked Fish Fingers
Main 2	Onion Bhaji, Chutney & Flatbread	Ratatouille Pasta Bake	Veggie Sausage and Bean Hot Pot	BBQ Quorn Fillet	Vegetable and Bean Soft Tacos
Carbohydrates	Naan Bread or Braised Rice	Baked Wedges	Roast Potatoes	Vegetable Rice	Oven Baked Chips
Vegetables	Broccoli & Sliced Carrots	Cajun Mixed Beans	Carrots and Garden Peas	Sweetcorn	Garden Peas Baked Beans
Desserts	Freshly baked Oat and Lemon Cookie Selection of Yoghurts, Fruit,	Roast Pineapple Pot with Mint, Coconut Selection of Yoghurts, Fruit,	Summer Fruit Cheesecake Selection of Yoghurts, Fruit,	Apricot Sponge and Custard Selection of Yoghurts, Fruit,	Vanilla Ice Cream Selection of Yoghurts, Fruit,

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